



TSDA NEWSLETTER

Volume 1, Issue 1

November 2008

TSDA Meeting at TSDA FNCE 2009

Sunday, April 21, 2009 at
the Renaissance Hotel
Austin, Texas

Meeting time: 4: 00 pm

TSDA would like to invite all nutrition and dietetic students to get involved in a statewide food drive. For more information contact Elizabeth Wille

2008-2009 Officers

President

Elizabeth Wille

My name is Elizabeth Wille and I am the President of the Texas Student Dietetic Association. I am a Dietetic Intern and a graduate student at Texas Woman's University in Denton studying Exercise and Sports Nutrition. As President of TSDA I work with the TDA liaison regarding TSDA activities, get sponsor-

ship for the TSDA meeting, plan activities for and preside over the annual TSDA meeting, plan any other TSDA/TDA activities, conduct officer elections, and inform SDA chapters of TSDA activities. We are planning many new things for TSDA this year such as a statewide food drive, making a TSDA shirt, and sending out a statewide newsletter. Please let me know

the amount of food donated and the location to which it was donated. I am looking forward to a great year with TSDA! Please contact me with any questions or concerns you may have at:

agliz@sbcglobal.net



Vice President

Andrea McDonald

My name is Andrea McDonald and I am currently a graduate student at Prairie View A &M (PVAMU) University majoring

in Human Sciences and completing the dietetic internship program. Presently, I serve as the American Dietetic Association (ADA) Student

Council Liaison, and President of the PVAMU chapter of the Student Dietetic Association (SDA). This past April, I was honored to be elected

Vice President for the Texas Student Dietetic Association (TSDA). My duties as the Vice President include: compiling information from the various chapters to create the spring and fall newsletter, assisting the treasurer to plan fundraising activities, assist in the planning of the upcoming annual meeting to be held in the spring of 2009, and presiding

over meetings in the absence of the president. My plans for the future are to become a Registered Dietitian, complete a Doctoral Degree, and eventually pursue a career as a Research Scientist. Should you have any questions please contact me at: anjiemac31@yahoo.com



Secretary

Michelle Carlson

"Howdy! I'm Shelley and I'm your TSDA Secretary for this year. Some of my duties include designing TSDA t-shirts, compiling a list of all TSDA members and making sure they are all informed on

TSDA news, and writing the minutes of the TSDA annual meeting and dinner each year. I'm looking forward to a great year with TSDA!" I may be contacted at: temichelle4264@neo.tamu.edu



Treasurer

Leigh Anne Titterington

Leigh Anne Titterington, TSDA's 2008-2009 Treasurer & dietetic intern at SFA working toward my masters. As the treasurer, I'm going to be focusing on increasing the TSDA account in preparation for the annual conference dinner in the Spring, as well as

improving our account's manageability. If anyone has questions or suggestions about the financial status of the TSDA, please contact me at leighannet@gmail.com. I'm looking forward to another successful year and a few new improvements for TSDA.



Historian

Teci Rochelle

My name is Teci Rochelle and I am a senior Human Nutrition and Dietetics major at Prairie View A&M University . I plan to apply for a Dietetic Internship in the Spring of 2009 and hopefully start my internship in Fall of 2009. My current

duties for Historian of TSDA include adding to the current scrapbook that the club has and updating the current website for the students. I enjoy being a member of TSDA and my SDA here on the campus. I may be contacted at arochelle33@yahoo.com



Inside Story Headline: Message from the President

I am really excited about this year for TSDA! The officer board and I are working hard to make TSDA better than ever and help us grow and pursue our careers in the field of nutrition. The Texas Student Dietetic Association is composed of dietetic students attending all the colleges in Texas. Members include undergraduates, graduates, and dietetic interns. Our mission is to act as a networking organization to students who are interested in pursuing the field of dietetics. Our organization is a place where students can obtain information regarding nutrition programs, dietetic internships, and anything pertaining to a higher learning in food, nutrition, and dietetics. We are planning many new things for TSDA this year. We would like every SDA to be involved in our statewide food drive. We are asking each SDA to collect food and donate it to a food bank in their area and report back to us how much food they donated. This a great service project for all the dietetics students in the state of Texas to be a part of. We would like for everyone to attend our annual TSDA meeting this year on Sunday, April 21, 2009, at the Renaissance Hotel in Austin at the TDA FNCE which will be April 21-23, 2009. Also, check out the TSDA shirt design included in this newsletter. Please contact us if you would like to be added to our TSDA listserv and receive information TSDA sends out. To become a member of TSDA, your SDA needs to send in dues for each member of your SDA. Once your SDA has paid dues, each member will get a TSDA membership card sent to their SDA.

I am looking forward to a great year with TSDA! Please contact me with any questions or concerns.

Thanks
Elizabeth Wille
TSDA President
agliz@sbcglobal.net

Visit our website: coming soon !

*Become a member of TSDA and enjoy the benefits
Of networking, Annual meetings
and Scholarship for tuition.*

Membership dues \$7

Contact: TSDA

C/O Leigh Anne Titterington

207 E. Starr, APT.B

Nacogdoches, Tx 75961 or

Email: leighanet@gmail.com

Universities that are involved in TSDA

Abilene Christian

Baptist Health System Dietetic Internship

Baylor University

Baylor University Medical Center

Lamar University

Michael E. DeBakey VA Medical Center

Prairie View A&M University

Presbyterian Hospital of Dallas

Sam Houston State University

Stephen F. Austin State University

Texas A&M University

Texas A&M University-Kingsville

Texas Christian University

Texas Southern University

Texas State University- San Marcos

Texas Tech University

Texas WIC Dietetic Internship

Texas Woman's University- Houston

Texas Woman's University-Denton

U.S. Military Dietetic Internship Consortium

University of Houston

University of Texas Health Science Center-Houston

University of Texas Southwestern Medical Center Dallas

University of Texas-Austin

University of Texas-Pan American Dietetics Program

University of the Incarnate Word

T-shirt design is indicated below. More information will be coming soon.



TEXAS STUDENT
DIETETIC ASSOCIATION

(FRONT)

Chapter Highlights

Stephen F. Austin

This Fall the SFA SDA will be continuing the annual caramel apple sale (October 20 & 21), attending the county health fair, and hosting a canned food drive at Wal-Mart at the end of October. New this year for the SFA SDA is a family 5k run, planned for November.

Prairie View A&M University

PVAMU SDA and the Association of Health, Physical Education, Recreation & Dance is sponsoring a Health and Wellness series highlighting food tasting, nutrition information and nutrition knowledge. Part 1 of the series is schedule for November 20, 2008, at 7pm.

Texas A&M University

TAMU NDA has been volunteering at the Brazos Food Bank and helping to fill backpacks with goods for children that are in need of meals/snacks over the weekend when they go home from school. We have also been volunteering twice a month at the Soup Kitchen helping to serve the needy much needed meals. Our fundraisers this semester have included two bake sales on campus and a dinner night at Doc Greens. We have been raising funds to give to the Food Bank and towards our annual scholarships to the TDA FNCE for 3-5 NDA members with the most points. We have also tried to help our organization get to know each other better by having name tags at our meetings, having a BBQ at the Recreational Center with sand volleyball, and letting loose from school stress with a game night.

Texas Woman's University

TWU's SDA is committed to providing dietetic students with the information they need as students and for their future careers in an interactive and enjoyable environment. In order to keep our students up to date on everything happening in the nutrition world, we have monthly speakers that talk to our students on a different range of topics from community nutrition to the internship process. We also like to provide opportunities for TWU nutrition students to have a chance to interact outside the classroom, which we do by having monthly socials and end of the year and beginning of the year parties. We also have our own intramural volleyball team. In order to show our appreciation for the ongoing work our students do, we have a "member of the week" at every meeting whom we provide a gift for and speak briefly about their accomplishments. We recently had a very successful fundraising event at Beth Marie's which provided an opportunity for students to go off campus, raise some money, and have fun. Every year, TWU's SDA has the Pioneer Pace which is a charity marathon.

TWU's SDA has 6 committees, Pioneer Pace, Community Service, Fundraising, Publicity, and Hospitality. These committees allow the dietetic students to be involved in the progress that SDA makes and provide a helping hand in its advancement. Next semester, we have plans to have junior and senior dietetic students be mentors for freshman and transfer dietetic students. We also would like to start our own newsletter to be given at each meeting.

Chapters - Please make copies and distribute to members at your local meetings.