



TSDA NEWSLETTER

Volume 1, Issue 2

February 2009

Message from the President

TSDA would like to invite all nutrition and dietetic students to get involved in a statewide food drive. For more information contact Elizabeth Wille

The Texas Student Dietetic Association's annual meeting will be held at the TDA FNCE on Sunday, April 19, 2009 from 4-6pm. The meeting will be at the Renaissance Hotel in Austin, Texas and will be free of charge for students. At the meeting we will be electing new officers, awarding a scholarship, and hearing from speakers. This meeting is a great opportunity to meet other dietetics students in Texas and network with them. There will be light refreshments provided at the meeting and all students are invited to attend the TDA dinner on Sunday night after the TSDA meeting. The cost of the dinner will be \$25 for students and you can register for the dinner when you register for the TDA FNCE. We hope everyone will join us at the TSDA meeting and attend the rest of the TDA FNCE.

I hope everyone had a great fall semester. We are starting in on our spring semester and a new year. I hope this next year, 2009, is a good one for everyone.

Thank you to the schools that have participated in the statewide food drive. We ask that your SDA please continue to collect food or start a food drive at your school if you were not able to last semester. We are asking each SDA to collect food and donate it to a food bank in their area and report back to us how much food they donated.

Our annual meeting is fast approaching. The TSDA officer team is busy planning the meeting.

We would like for everyone to attend our annual TSDA meeting at 4:00 pm Sunday, April 21, 2009, at the Renaissance Hotel in Austin at the TDA FNCE which will be April 21-23, 2009. We will be electing officers for next year, awarding a scholarship, and hearing from a speaker.

Please check out the information in this newsletter about the TSDA scholarship, TSDA officer elections, and how to order a TSDA shirt.

To become a member of TSDA, your SDA needs to send in dues for each member of your SDA. Once your SDA has paid dues, each member will get a TSDA membership card sent to their SDA.

Let's make 2009 a great year and I look forward to seeing everyone at the



TSDA meeting in April. Please contact me with any questions or concerns. Thanks!

Elizabeth Wille
TSDA President
agliz@sbcglobal.net

Need some money to help pay your college expenses?

Then apply for the Texas Student Dietetic Association Scholarship. TSDA awards a \$250 scholarship each year to a deserving student. Please see the attached scholarship application. The application is due April 1, 2009 to Elizabeth Wille, TSDA President. Her mailing address can be found on the application. The scholarship will be awarded at the TSDA meeting at TDA FNCE on

Sunday, April 19, 2009. You must be a member of TSDA to apply. If you have any questions about the scholarship please contact Elizabeth Wille at agliz@sbcglobal.net.

See application form on pgs. 3-5

Want to get involved and use your leadership skills?

Then apply to be an officer of the Texas Student Dietetic Association. Please see the attached application and description of officer duties. The application will be due by April 1, 2009 to Elizabeth Wille, TSDA President. Her mailing address can be found on the application. Officer elections will be held at the TSDA meeting at the TDA FNCE on Sunday, April 19, 2009 at 4pm. Students running for office must be enrolled in a CADE program and cannot be a graduate student or dietetic intern due to the amount of time an officer position requires. Students running for office will make a short speech at the meeting telling about themselves and why they are running for office. You may also campaign before the meeting by handing out little fliers. If you have any questions about officer elections please contact Elizabeth Wille at agliz@sbcglobal.net.

TSDA Officer Duties

PRESIDENT:

- Works with the TSDA/TSDA liaison to plan TSDA activities and the annual meeting
- Presides over TSDA meetings, including TSDA executive board meetings and general business meetings
- Plans activities for the annual meeting and any other TSDA/TDA activities
- Responsible for inviting speakers to the annual meeting
- Informs SDA chapters of TSDA activities and conducts officer elections
- Leadership experience

VICE PRESIDENT:

- Compiles information from each chapter and creates the fall and spring newsletter
- Keeps in touch with all chapters
- Helps treasurer plan fundraising activities
- Helps president plan for annual meeting
- Presides when the president cannot

SECRETARY:

- Attends all meetings and records important event information
- Writes the minutes and then types and mails them to all officers and the TSDA liaison
- Acquires all member's addresses and compiles a membership directory for each chapter
- Designs t-shirt, orders the shirts, and distributes them to the schools
- Types newsletter and other correspondence, then mails them
- Keeps letterhead

TREASURER:

- Keeps a ledger of all expenses, debits, credits, etc.
- Writes a treasurer's report three times a year
- Keeps receipts and reimburses when necessary
- Writes checks and collects fees
- Keeps checkbook balanced
- Helps vice president find scholarship information and fundraising events

Texas Student Dietetic Association

OFFICER APPLICATION

Due April 1, 2009

Position desired: _____

Name: _____

Address: _____

Phone: () _____

E-mail: _____

Classification: _____ CADE Program: _____

Date of Graduation: _____

What skills and characteristics do you have that make you a good leader?

Describe an experience in which you held a leadership position and what you did that made you feel like you were demonstrating leadership qualities.

Type a short paragraph describing your qualifications and explaining the contributions that you wish to make to TSDA.

Please complete and return to :
Texas Student Dietetic Association
ATTN: Elizabeth Wille
3245 Willow Bend Dr.
Bedford, TX 76021

Texas Student Dietetic Association (TSDA)

2009-2010 Scholarship Application Form

Deadline: Postmark by April 1, 2009

To be eligible for a TSDA scholarship, a student must be a **TSDA Member** to apply. They must also be **enrolled full-time in a dietetic education program** for the upcoming school year or have applied and waiting acceptance. All scholarships will be awarded for the 2009-2010 Academic School Year.

Please type or print all information legibly in ink.

1. PERSONAL DATA

a. Name: _____
Last First Middle/Maiden

b. Current Mailing Address: _____
Street

City State Zip

c. Telephone: (____) _____ Alternate Telephone: (____) _____

d. E-mail address: _____

e. Resident of Texas at time of application: ___ Yes ___ No

f. Attending (or have applied to) a Texas University: ___ Yes ___ No

PROGRAM DATA

A. Classification - Check all categories that apply for the upcoming year for which the scholarship would be

<input type="checkbox"/> Undergraduate Coordinated Program	<input type="checkbox"/> Graduate Program Combined Graduate/Dietetic Internship	<input type="checkbox"/> Dietetic Internship <input type="checkbox"/> Dietetic Technician	<input type="checkbox"/> Post-baccalaureate <input type="checkbox"/> Registered Dietitian
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2. PROGRAM DATA

a. Classification - Check all categories that apply for the upcoming year for which the scholarship would be awarded, scholarships will be awarded for the 2009-2010 Academic School Year:

<input type="checkbox"/> Undergraduate	<input type="checkbox"/> Graduate Program	<input type="checkbox"/> Dietetic Internship	<input type="checkbox"/> Post-baccalaureate
<input type="checkbox"/> Coordinated Program	<input type="checkbox"/> Combined Graduate/Dietetic Internship	<input type="checkbox"/> Dietetic Technician	<input type="checkbox"/> Registered Dietitian

EDUCATION

a. List all colleges, universities, or other CADE* accredited programs attended or currently attending, with **most recent listed first**. (*Commission on Accreditation of Dietetics Education)

College/University	City/State	Start/End Dates	Major	GPA/Scale (in major)	Degree or Program

4. MEMBERSHIPS and LEADERSHIP

List professional, student and honorary memberships including dates, appointed or elected offices held; most recent first.

5. COMMUNITY SERVICE AND/OR EXTRACURRICULAR ACTIVITIES

Please include Student Dietetic Association activities. List dates of participation; most recent first.

6. PUBLICATIONS, PROFESSIONAL PRESENTATIONS, HONORS/SCHOLARSHIPS AND CERTIFICATIONS RECEIVED.

Include dates; most recent first.

EMPLOYMENT/WORK HISTORY

List all employment and volunteer experiences in the past 5 years with **most recent first**. Briefly describe key responsibilities. Use additional pages as needed.

1. _____ Job Title and Place of Employment	_____ Key Responsibilities
2. _____ Job Title and Place of Employment	_____ Key Responsibilities
3. _____ Job Title and Place of Employment	_____ Key Responsibilities
4. _____ Job Title and Place of Employment	_____ Key Responsibilities
5. _____ Job Title and Place of Employment	_____ Key Responsibilities

APPLICATION CHECKLIST

- Original typed or printed TSDA Scholarship Application Form, **completed**.
- Obtain a faculty advisor's signature verifying the GPA(s). If a faculty advisor signature is not provided then submit one copy of an unofficial transcript from your current college.
- Must be a TSDA member to apply.

Mail to:
TSDA
c/o Elizabeth Wille
3245 Willow Bend Dr.
Bedford, TX 76021

T-Shirt Statement

Howdy all TSDA members,

The TSDA Annual meeting and TDA FNCE are right around the corner and you know what that means-time to order your TSDA member t-shirts! The t-shirts will cost \$10 this year. Please send in a total order with money per school. Send your SDA's money with order form to:

Shelley Carlson
3645 Wellborn Road
Apt 1724
Bryan, TX, 77801

Checks should be made out to TSDA.

See the attached order form. If you have any questions at all, please contact Shelley Carlson at michelle4264@neo.tamu.edu or (832)444-6125. Hope everyone has a wonderful Spring semester and see you in April!

T. shirt order form

2009 TSDA Annual Meeting T-shirt Order Form

Postmark by Tuesday, March 31st

Email Shelley to notify her by Thurs, Apr 2nd if order was sent after March 31st

School Name: _____

Contact Person: _____

Contact E-mail: _____

shirts- Adult sizes- \$10/shirt (S-XL)

Small- _____

Medium- _____

Large- _____

X-Large- _____

XX-Large- _____ (add \$1.50/shirt)

XXX-Large- _____ (add \$2.00/shirt)

Money included= \$ _____ (Make checks out to TSDA)

Please mail to: Shelley Carlson

3645 Wellborn Road

Apt 1724

Bryan, TX, 77801

If you have any questions/concerns, please contact Shelley Carlson at michelle4264@neo.tamu.edu or (832) 444-6125.

Become a member of TSDA and enjoy the benefits
Of networking, Annual meetings
and Scholarship for tuition.
Membership dues \$7
Contact TSDA
C/O Leigh Anne Titterington
207 E. Starr, APT.B
Nacogdoches, Tx 75961 or
Email: leighanet@gmail.com

We are asking each SDA to submit 5-10 photos from activities they participated in this year to be used in a slideshow at the TSDA meeting. Please send these pictures to our Historian, Teci Rochelle at arochelle33@yahoo.com.

National Nutrition Month® — March 2009

The theme is "Eat Right." National Nutrition Month is a nutrition education and information campaign that focuses on the importance of making informed food choices and developing sound eating and physical activity habits.

Registered Dietitian Day, - Wednesday March 11 2009 increases awareness of registered dietitians as the indispensable providers of food and nutrition services and recognizes RDs for their commitment to helping people enjoy healthy lives.

Food Drive Participants

Prairie View A&M University

Distributed Christmas Dinner basket to 16 Needy families in the Prairie View Community

Texas State

13 food items

UT Austin

600 pounds of food and \$350 was donated to the Capital Area Food Bank of Texas.